

Afternoon Project Bath Fizzies Bundle

Bundle Items

- 2 x 16 oz Baking Soda
- 1 x 16 oz Citric Acid
- 1 x 16 oz Cornstarch

Needed Equipment

- Mixing containers or zipper bags
- Small Transfer Pipettes
- Paper towels or rags for clean up

Optional Items

- Fragrance Oil of your choice
- One of the four powdered dyes (Grape, Purple Raspberry, Lemon Yellow, Ocean Blue)
(These will make the magic color variation.)
- 0.15 cc scoops (required for the dyes)
- Gusset Bags for finished bath fizzies

Recipe

- 8 oz wt cornstarch
- 8 oz wt citric acid
- 16 oz wt baking soda
- up to 1 tsp. Fragrance oil (5 mL)
- 0.15 cc scoop of powdered dye (optional)

Instructions

- Measure cornstarch, citric acid, and baking soda into zipper bag, and mix together. We love the zipper bags because this limits the powder mixture from becoming airborne!
- Once you have nice powder, let's add the fragrance oil and optional powdered color.
- Knead the bag to disperse any clumps of fragrance oil. It is easiest to knead if the bag is not overly inflated with air.
- Once the clumps are gone, you should have a smooth white powder. Wait! White powder? If you added a color, don't worry! The Magic Color Bath Fizzies are white until they are added to the water.
- Fill the decorative bags with the bath fizzies and tie a bow around the top. Tada! Your Bath Fizzies are finished.



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Frequently Asked Questions

Q: Why do I need to put my bath fizzies in a bag? I've got this really cute jar I want to put them in.

A: The Baking Soda and Citric Acid react together to produce the desired fizzing action. This reaction releases a gas. If you accidentally get the Bath Fizzies wet while they are in a lidded jar, the pressure can make the jar explode. Glass jars can break if dropped on the bathroom floor. Bags are the safest containers.

Q: What is the recommended amount of bath fizzies to put in the bathtub?

A: We recommend the maximum amount to be 1/4 cup for a full bath. Try 1 Tablespoon to a partially filled tub first. Enjoy!

Q: Can I turn these into bath bombs?

A: Absolutely! Once your dry ingredients are mixed together and free of clumps, you can follow the instructions below.

- Mist lightly with the plain water spray bottle. Two to four sprays should be plenty. We are trying to add enough water to the dry chemicals so we can compress them into the mold, we don't want to start the fizzing reaction just yet. Stir, or fold over, the powder to mix thoroughly and not create a dust cloud in your kitchen.
- Let's spray again. Stir gently.
- This time we will spray color (premixed ½ tsp dry dye in 2 oz of water in a spray bottle.). Two to four sprays are plenty. Mix again. We will continue in this process of adding color or plain water to the mixture just until the whole mixture is slightly damp. The mixture should hold together when tightly compressed.
- Press the mixture firmly into a mold or tablespoon measure and then lightly tap the tablespoon into your hand to release it. You can make multiple half ball fizzies and set them aside to dry where they won't be bothered. Viola! You now have mini bath bombs that are fast to make. Allow the bath bombs to dry overnight before packaging.



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